

### Opting out of the 48-hour week

This agreement is drawn up under the working Time Regulations (Statutory Instrument 1998/1833) Regulation (5) 1 and provides for you to enter into an agreement to opt out of the 48-hour limit in respect of the total weekly average hours required in your case.

I \_\_\_\_\_ agree to work more than an average of 48-hours per week within all employments that I hold.

My consent to this agreement will continue whilst I remain an employee, and will remain in place if any amendments are made to my hours with all employment(s) that I hold.

I am fully aware that I have a responsibility not to work hours so long that they may impair my efficiency or expose myself, my colleagues, the public or property to risk.

I understand that I am required to keep a record of my all working hours (in all employments) and if requested at anytime, I will produce the record.

I agree to give not less than one months notice to bring this agreement to an end.

I understand that I am under no obligation to sign this agreement and that is illegal for me to be subject to any detriment if I decline to sign it.

Signed \_\_\_\_\_  
(employee signature)

Name \_\_\_\_\_  
(employee name)

Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Signed \_\_\_\_\_  
(employer signature)

Name \_\_\_\_\_  
(employer name)

Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_